

**ALLIED GASTROINTESTINAL ASSOCIATES, P.A.**  
**MOVIPREP PREPARATION FOR COLONOSCOPY**

**FIVE DAYS PRIOR TO PROCEDURE**

*Stop all iron, aspirin, Ecotrin, Advil, Alleve, Bufferine, Coumadin, Persantine, Ibuprofen, Ticlid or Plavix five (5) days prior to your procedure. (Tylenol is permitted)*

*Stop all arthritis medication five (5) days prior to your procedure. (Tylenol is permitted)*

*If you are diabetic, especially if you take insulin, discuss your diabetic medication with us prior to your procedure.*

**DAY BEFORE YOUR PROCEDURE**

Eat no solid food for breakfast, lunch and dinner. Intake should include only clear liquids such as juice, jello and broth. Avoid milk products. **Do not ingest orange, red or purple colored jello or liquids.**

Your MOVIPREP contains 4 pouches and a disposable container for mixing.

**YOU MUST COMPLETE THE ENTIRE PREP TO ENSURE THE MOST EFFECTIVE CLEANSING.**

**BEGINNING AT 1:00 PM:**

**STEP #1:** Empty 1 Pouch A and 1 Pouch B into the disposable container. Add lukewarm drinking water to the top line of the container. Mix to dissolve.

**STEP #2:** The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz.), until the full liter is consumed.

Drink 16 oz. of the clear liquid of your choice. CLEAR LIQUIDS INCLUDE WATER, GINGER ALE, APPLE JUICE, GATORADE, LEMONADE AND BROTH. **RED, ORANGE OR PURPLE LIQUIDS ARE NOT ALLOWED.**

**BEGINNING AT 6:00 PM:**

**STEP #3:** Empty 1 Pouch A and 1 Pouch B into the disposable container. Add lukewarm drinking water to the top line of the container. Mix to dissolve.

**STEP #4:** The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz.), until the full liter is consumed.

Drink 16 oz of the clear liquid of your choice. CLEAR LIQUIDS INCLUDE WATER, GINGER ALE, APPLE JUICE, GATORADE, LEMONADE AND BROTH. **RED, ORANGE OR PURPLE LIQUIDS ARE NOT ALLOWED.**

**THE MORNING OF YOUR PROCEDURE**

Do not eat anything in preparation for a morning procedure. If your procedure is scheduled for the afternoon you may have a small amount of clear liquid if you complete it at least 6 hours before your scheduled procedure time. (Note: Coffee is NOT a clear liquid).

If you are taking medication (with the exception of those listed above) for a medical condition, especially cardiac or pulmonary or for hypertension, medication should be taken as prescribed with as little water as possible.

Someone MUST accompany you to the procedure. You will not be allowed to drive yourself home.

**IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT THE  
SCHEDULING DEPARTMENT AT 856-547-1212 EXT 130 OR EXT 129**